## THE MABMETDLACE

## LUNCH

## DELI COUNTER

York ham
Salami
Chicken galantine
Cheddar
Blue cheese
Red Cheddar
Cream crackers
Goat cheese and tomato tart

## SALAD BAR

Assorted salad leaves (V, VE, GF)

## Caesar

Chicken (GF)
Anchovies (GF)
Romaine lettuce (V, VE, GF)
Hard cheese shavings (V)
Herb roasted crouton (V)
Tomatoes (V, VE, GF)
Cucumbers (V, VE, GF)
French dressing
Balsamic vinegar dressing
Ranch dressing
Thousand island dressing
Dijon - honey mustard
Carrot, cabbage and raisin slaw (V, GF)
Coronation chicken salad with pineapple (GF)
Avocado and tomato salad (V, GF)
Yoghurt and lime marinated cucumbers salad

## SOUP

Cream of parsnip and bacon soup (GF)

## MAIN COURSES

Grilled fillet of hake tikka
Lemon wedges
Grilled turkey escalope
Sage cream sauce
Honey baked ham (GF)
Parsley sauce
Pulled pork pie
Tagine vegetable couscous (V)
Steamed vegetables (V, GF)
Mushroom and sweet pepper medley (V, GF)
French fries (V)
Sautéed potatoes (V, GF)
Rice pilaf (V, GF)

## DESSERTS \& FRUITS

Banana pudding
Custard
Blueberry crème royal tart (V)
Hazelnut mousse cake, (Contains nuts)
Sugar free rice pudding (V, GF)
Mini chocolate bake (V)
Bavarian cream cake
Fruit tart (V)
Fruit salad (V, VE, GF)
Seasonal fruits

